

**ABSTRACT OF THE DISCLOSURE**

A system and method for providing a Voice-over-Internet Protocol (VoIP) system is disclosed. The VoIP system includes a network including at least two VoIP proxy servers configured to allow voice data to be transmitted and received over the network. The VoIP system also includes at least one VoIP client operatively coupled to the network to transmit and receive voice data over the network wherein the at least one VoIP client connects to one of the at least two VoIP proxy servers which has a lower workload in order to transmit and receive voice data; and a network connection coupled to the at least two VoIP proxy servers for sharing workload data therebetween and the workload data is used to determine which of the at least two VoIP proxy servers the at least one VoIP client connects to in order to transmit and receive voice data.

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